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The Monegasques ready to go in Beijing

Having settled down in the Olympic Village (after arriving on Saturday in the late morning), and having rested to recover, the Monegasques have already found their bearings. Since Sunday, each athlete has been undertaking a serious training programme. 45 kilometres away from the Olympic Village, Mathias Raymond (rowing) visited the Shunyi Rowing-Canoeing Park for the first time: "I was very impressed by the quality of the site, very well thought out and structured".

Romain Marchessou (weightlifting) has become acquainted with the gymnasium at the University of Aeronautics. The Principality's representative was very pleasantly surprised: "I have never seen that.... Each country has its own work out area, with its respective bars and weights for training. It is really excellent".

Fabienne Pasetti (shooting) has also gained ground. Although she already is familiar with the shooting range, as she visited it last April, Fabienne has been working a great deal since Sunday "on finding the best way to regulate the rifle and the best positions possible. I feel some positive things, I need to keep it that way".

The judoka Yann Siccardi, while waiting for his training partner (an Andorran) to arrive shortly, is nonetheless keeping busy. On the Chinese tatamis, he is perfecting his technique by competing with an Algerian on a "friendly" basis.

Today, Tuesday, the Monegasque delegation will all be there with the arrival of Sébastien Gattuso (athletics) and his trainer Frédéric Choquard. The last representatives of the Principality left Monaco yesterday. They were accompanied by Angélique Trinquier and Benjamin Boisson, two young Monegasques who will join the Olympic Youth Camp from 6th to 17th August in Beijing.



From left to right: Stéphan Maggi, Benjamin Boisson, Sébastien Gattuso Frédéric Choquard and Angélique Trinquier.